



Jefferson County

Department of Emergency Management

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Also serving the
City of Port Townsend



The staff of Jefferson County DEM is always working to create greater awareness about emergency preparedness. Believe it or not, it's a hard sell to some segments of the population!

In our ongoing attempts to better the message, we have decided to publish a **cookbook** that will include, among other items of interest, recipes that can be made utilizing supplies on hand and, additionally, recipes that are 'originals,' i.e., using ingredients you might have squirreled away in a Go-Kit specifically for emergency situations.

We are looking for **contributions** from you and members of your neighborhood group for the yet-to-be-titled book. Think nutritious, easy to prepare, simple ingredients—tasty. Once you have experimented with and concocted a recipe or two, create a clever and/or locally significant name for your dish (examples: Ragu in the Rain; Power Outage Pasta; Brinnon Beef Stew; Quilcene Quiche).

Also included in the book will be information pertinent to the shelf life of the ingredients in each recipe and, if there's room, nutritional value of ingredients. We'll do the research on shelf life and nutritional values when your recipe is selected for inclusion in the cookbook.

The Jefferson County Department of Emergency Management serves the people in. . . (wait for it. . .) Jefferson County! As we work on designing and publishing the cookbook, the same emphasis applies. We are intent on exemplifying the local flavors. . .so please keep that in mind when you submit recipes.

We need breakfast, lunch, dinner and snack/comfort food recipes. Meals that call for only four or five ingredients will be one of the features of the cookbook.

While some folks may be prepared to roll out their generators and plug in their microwave ovens during a power outage, recipes submitted for inclusion in this cookbook must be able to be cooked over a fire or a camp stove.

Each person contributing to this endeavor will be properly credited for his or her contribution. If duplicate recipes are received, we will operate on the first come, first published system.

Spread the word to other Jefferson County friends and family members to contribute recipes.

You are invited to email your recipes to kkeplinger@co.jefferson.wa.us or get them to us via snail-mail at 81 Elkins Road, Port Hadlock, WA 98339.

A word of caution: If you submit a favorite recipe you took from a website, please include that website with your submission. Copyright rules are dicey for recipes!

We don't have a definitive publication date other than to say when we have the book where we want it, it will be published. Copies will be available, free of charge to anyone who would like one.

While it may sound rather ambitious, we are beginning to think in terms of a volume two already!

We look forward to your submissions. **DEADLINE for inclusion of recipes in the cookbook is March 1, 2010.**